



B I S M I L L A H

# Ramadan Planner

MAY THIS BE OUR BEST  
RAMADAN

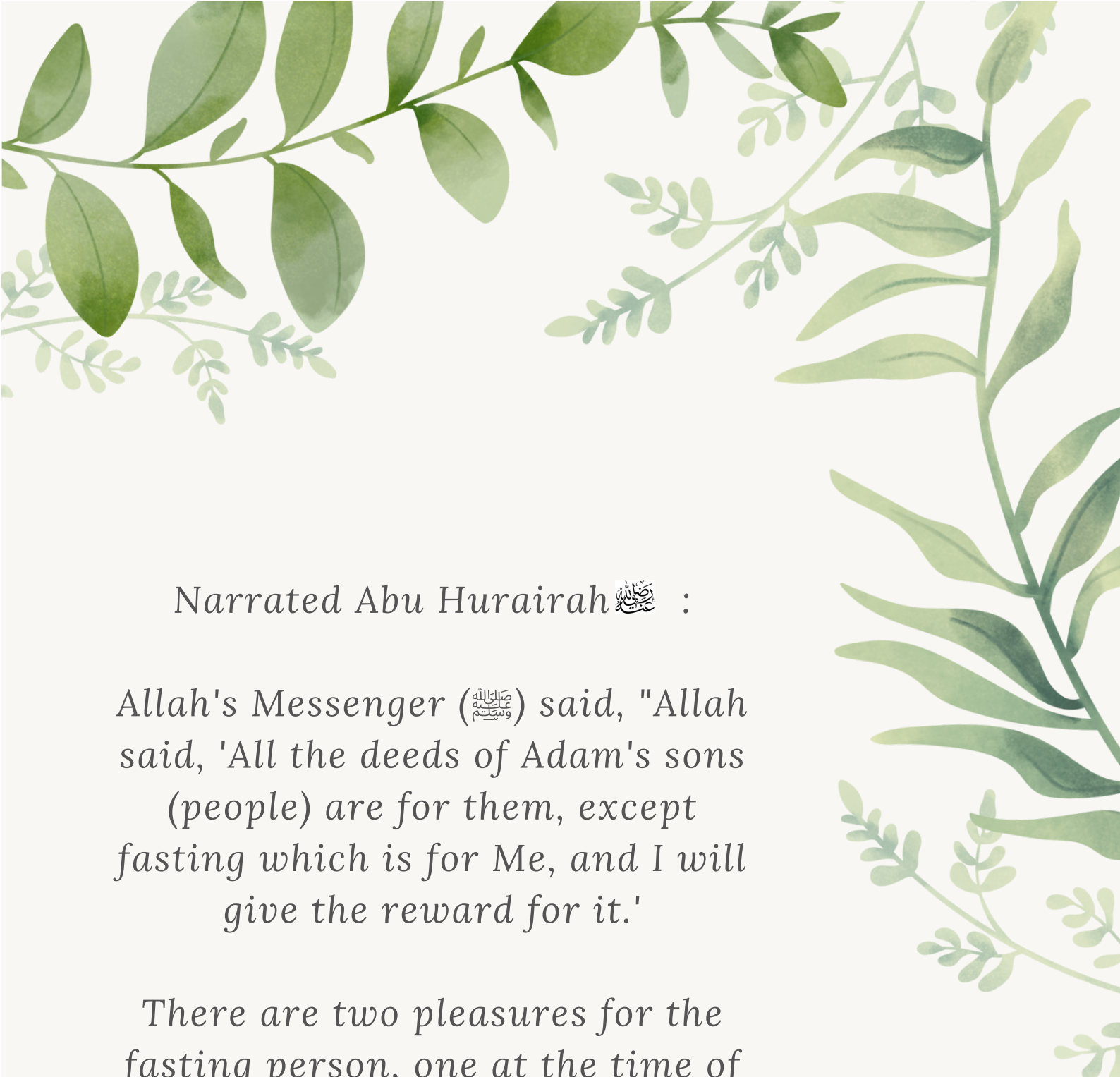


It was narrated that Abu  
Hurairah رضي الله عنه said:

"The Messenger of Allah (صلى الله عليه وسلم)  
said: 'There has come to you  
Ramadan, a blessed month, which  
Allah, the Mighty and Sublime,  
has enjoined you to fast. In it the  
gates of heavens are opened and  
the gates of Hell are closed, and  
every devil is chained up. In it  
Allah has a night which is better  
than a thousand months;  
whoever is deprived of its  
goodness is indeed deprived.'



[Sunan an-Nasa'i]



Narrated Abu Hurairah رضي الله عنه :

Allah's Messenger (صلى الله عليه وسلم) said, "Allah said, 'All the deeds of Adam's sons (people) are for them, except fasting which is for Me, and I will give the reward for it.'

There are two pleasures for the fasting person, one at the time of breaking his fast, and the other at the time when he will meet his Lord; then he will be pleased because of his fasting."

[Al Bukhari]

# RAMADAN AGENDA

## Prayer Tracker (Sunnah)

Aishah رضي الله عنها narrated that Allah's Messenger (ﷺ) said: "Whoever is regular with twelve Rak'ah of Sunnah (prayer), Allah will build a house for him in Paradise: Four Rak'ah before Zuhr, two Rak'ah after it, two Rak'ah after Maghrib, two Rak'ah after Isha', and two Rak'ah before Fajr." [Tirmidhi]

Narrated 'Ali رضي الله عنه: That the Prophet (ﷺ) used to pray two rak'ahs before the 'Asr prayer. [Abu Dawood]

## Prayer Tracker (Taraweeh)

He who observes optional prayer (Taraweeh prayers) throughout Ramadan, out of sincerity of faith and in the hope of earning reward, will have his past sins pardoned. [Al Bukhari]

## Qur'an Tracker

Schedule various acts of worship around prayer times - example: recite 2 pages of Al Qur'an, before and after each fardh prayer = 1 juz a day.

## Daily Checklist

For morning and evening adhkar, you may refer to the Hisnul Muslim book, Daily Adhkar by Ummah Welfare Trust or other books/online references that refer to Al Qur'an and Sunnah.



# PRE RAMADAN CHECKLIST



Read books/articles or listen to lectures to prepare for Ramadan.



Prepare list of Du'a.



Set goals for worship - prayers, recitation of Qur'an, dhikr.



Set aside money to be given for daily charity and ideally list for whom.



Cut bad habits.



Go on a "Technology diet". Focus on Al Qur'an and Sunnah. Reduce distractions and unnecessary access to social media.



Clean your house.



Prepare daily menu for Ramadan. Be moderate.



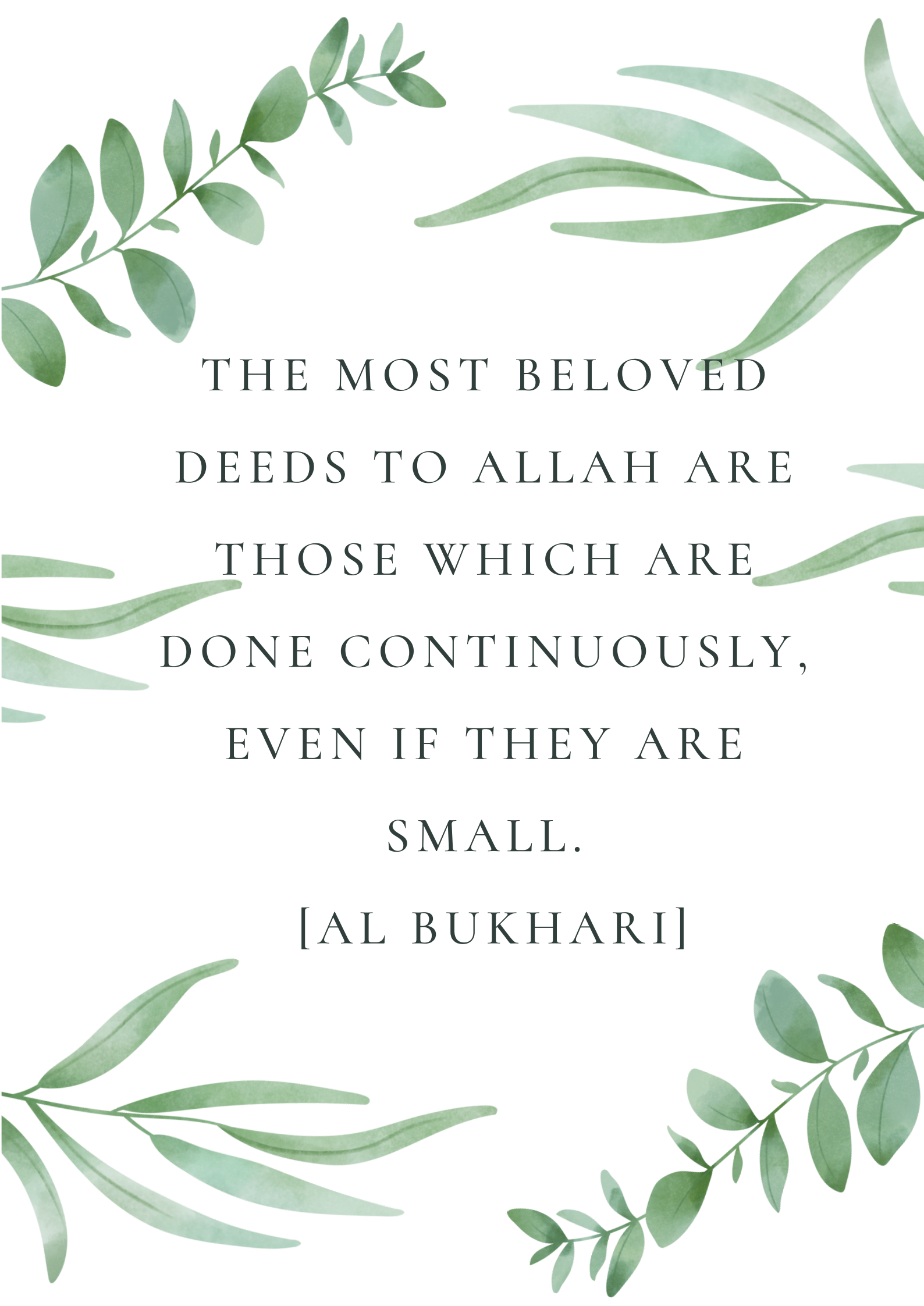
Buy groceries.



Complete Eid Fitri shopping prior to Ramadan.



LET'S START PLANNING!

The image features a white background with decorative green leaves in the corners. The leaves are arranged in a way that they appear to be framing the central text. The leaves are various shades of green and have different shapes, some being long and narrow, others being more rounded. The text is centered and reads: 

THE MOST BELOVED  
DEEDS TO ALLAH ARE  
THOSE WHICH ARE  
DONE CONTINUOUSLY,  
EVEN IF THEY ARE  
SMALL.

[AL BUKHARI]



# Sunnah & Du'a for Ramadan

## Break fast with dates or water

"When any one of you breaks his fast, let him break it with dates. If he cannot find dates, then let him break it with water, for it is a means of purification." [Sunan Ibn Majah]

## Hasten breaking of fast

"The people will remain upon goodness so long as they hasten to break the fast. Hasten to break the fast, for the Jews delay it." [Sunan Ibn Majah]

## Du'a when breaking fast

ذَهَبَ الظَّمَأُ ، وَابْتَلَّتِ الْعُرُوقُ ، وَثَبَتَ الْأَجْرُ إِنْ شَاءَ اللَّهُ

"The thirst is gone, the veins are moistened, and the reward is established—if Allah wills." [Abu Dawood]

## In seeking Laylat ul-Qadr

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

"Allah, you are the Forgiving and love to forgive, so forgive me." [Tirmidhi]

*It is recommended to recite this du'a regularly, particularly (but not only) in the last ten days of Ramadan – by day and night.*



# 1 Ramadan

## Hadith of the Day

Whoever seeks forgiveness for every male and female believer, Allah will record a good deed for him for every male and female believer.  
[Tabarani]

DAY | MONTH | DATE

(Example: Friday | April | 24 )

## Deed of the Day

Purify our intentions to perform our fast and good deeds for the sake of Allah and take a minute or two today to seek Allah's forgiveness for all the believers.

## Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

## Qur'an Tracker

Verse(s)

Surah(s)

Juz(s)

## Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness (examples on page 41)
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep (refer to page 42 - 43)

## Du'a of the Day

رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ

Our Lord, Forgive me, and my parents, and the believers on the Day of Accounting.

[Ibrahim, 14:41]



# 2 Ramadan

## Hadith of the Day

DAY | MONTH | DATE

Whoever recites a letter from the Book of Allah, he will receive one good deed as ten good deeds like it. I do not say that Alif Lam Meem is one letter, but rather Alif is a letter, Lam is a letter, and Meem is a letter. [Tirmidhi]

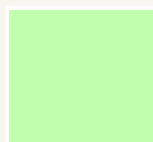
### Deed of the Day

Recite SubhanAllah 33x, Alhamdulillah 33x, Allahu Akbar 33x and completes the hundred with Laa ilaaha ill-Allah wahdahu laa shareeka lahu, lahu'l-mulku wa lahu'l-hamd wa huwa 'ala kulli shay'in qadeer after every salah - sins will be forgiven even if they are like the foam of the sea. [Muslim]

### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

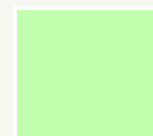
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
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- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْجُبْنِ، وَأَعُوذُ بِكَ أَنْ أُرَدَّ إِلَى أَرْدَلِ الْعُمْرِ،  
وَأَعُوذُ بِكَ مِنْ فِتْنَةِ الدُّنْيَا، وَأَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ

O Allah! I seek refuge in You from cowardice. O Allah, I seek refuge in You from being brought back to a bad stage of the age, I seek refuge in You from trials of this world and from the torment of the grave. [Al Bukhari]

# 3 Ramadan

## Verse of the Day

DAY | MONTH | DATE

If you loan Allah a goodly loan, He will multiply it for you and forgive you. And Allah is [most] Appreciative and Forebearing.  
[At-Taghabun, 64:17]

### Deed of the Day

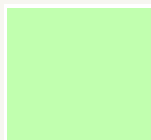
Donate, even a little, for the construction of a mosque, school or any charitable cause.

You can also donate your energy in cleaning your house, mosque, old folks home or orphanage.

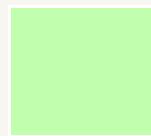
### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

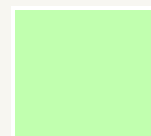
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

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- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ جَهَنَّمَ وَمِنْ عَذَابِ الْقَبْرِ وَمِنْ فِتْنَةِ  
الْمَحْيَا وَالْمَمَاتِ وَمِنْ شَرِّ فِتْنَةِ الْمَسِيحِ الدَّجَالِ

O Allah! I seek refuge in you from the torment of hell, from the torment of the grave, from the trial of life and death and from the evil of the trial of Masih al-Dajjal.

[Muslim]

# 4 Ramadan

## Hadith of the Day

DAY | MONTH | DATE

He who supplicates for his brother behind his back (in his absence), the Angel commissioned (for carrying supplication to his Lord) says: Amen, and it is for you also.  
[Muslim]

### Deed of the Day

Purify your heart and make du'a for blessings and goodness for those you love and those who have hurt you.

### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

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- Syukur: Say Alhamdulillah
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- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

رَبِّ تَقَبَّلْ تَوْبَتِي وَاغْسِلْ حَوْبَتِي وَأَجِبْ دَعْوَتِي وَثَبِّتْ حُجَّتِي  
وَاهْدِ قَلْبِي وَسَدِّدْ لِسَانِي وَاسْلُ سَخِيمَةَ قَلْبِي

My Lord, accept my repentance, wash away my sin, answer my supplication, clearly establish my evidence, guide my heart, make true my tongue and draw out malice in my breast.

[Abu Dawood]

# 5 Ramadan

## Hadith of the Day

DAY | MONTH | DATE

There is no servant who fasts a day in the way of Allah except that Allah will distance his face from the Hellfire by a length of seventy years of travel.  
[Muslim]

### Deed of the Day

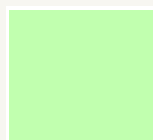
Provide or prepare a drink/food for those who are fasting or anyone who is in need of food.

“Guard yourself from the Hellfire, even with half of a date in charity.”  
[Muslim]

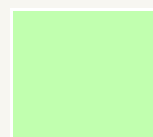
### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
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TARAWEEH	WITR
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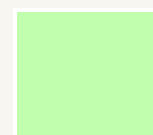
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

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- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا الطَّعَامَ وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةٍ

All praise is due to Allah who has given me food to eat and provided it without any endeavour on my part or any power.

[Tirmidhi]

Whoever eats food and say (the above) at the end, all his past sins will be forgiven. [Tirmidhi]



# 6 Ramadan

## Hadith of the Day

DAY | MONTH | DATE

The best of you is the one who has the best character.  
[Al Bukhari]

### Deed of the Day

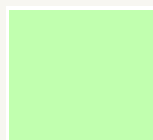
Treat your parents/ spouse/ children/ siblings with gentleness and kindness. Help them with anything they need.

Make du'a to Allah for them to be forgiven, granted mercy and Jannatul Firdaus.

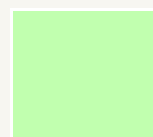
### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
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TARAWEEH	WITR
TAHAJJUD	DUHA

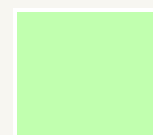
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

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- Adhkar before Sleep

### Du'a of the Day

اللَّهُمَّ اهْدِنِي لِأَحْسَنِ الْأَعْمَالِ وَأَحْسَنِ الْأَخْلَاقِ لَا يَهْدِي لِأَحْسَنِهَا إِلَّا أَنْتَ وَقِنِي سَيِّئَ الْأَعْمَالِ وَسَيِّئَ الْأَخْلَاقِ لَا يَقِي سَيِّئَهَا إِلَّا أَنْتَ

O Allah, guide me to the best of deeds and the best of manners, for none can guide to the best of them but You. And protect me from bad deeds and bad manners, for none can protect against them but You. [An-Nasa'i]

# 7 Ramadan

## Hadith of the Day

The most beloved people to Allah are those who are most beneficial to the people.  
[Ahmad]

DAY | MONTH | DATE

### Deed of the Day

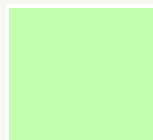
Share information or video on Islam, Al Quran and sunnah that will be beneficial in the Dunya and Akhirah.

Share "Du'a of the Day" with someone.

### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

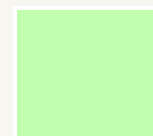
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

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- Give Charity
- Random Act of Kindness
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- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

رَبِّ أَوْزِعْنِي أَنْ أَشْكُرَ نِعْمَتَكَ الَّتِي أَنْعَمْتَ عَلَيَّ وَعَلَىٰ وَالِدَيَّ وَأَنْ أَعْمَلَ صَالِحًا تَرْضَاهُ وَأَدْخِلْنِي بِرَحْمَتِكَ فِي عِبَادِكَ الصَّالِحِينَ

O my Lord! Inspire and bestow upon me the power and ability that I may be grateful for Your favours which You have bestowed on me and on my parents, and that I may do good deeds (righteous) that will please You, and admit me by Your mercy among Your righteous servants. [An Naml, 27:19]

# 8 Ramadan

## Hadith of the Day

The closest of people to me (Prophet ﷺ) on the Day of Judgement will be those who send the most salah (blessings) to me.  
[Tirmidhi]

DAY | MONTH | DATE

### Deed of the Day

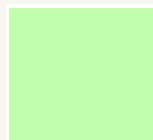
Recite salawat (blessings) for Prophet (ﷺ) as many times as possible and try to incorporate this in your daily routine.

The Prophet (ﷺ) said: "Whoever sends salah (blessings) upon me once, Allah (SWT) will send salah upon him tenfold." [An Nasa'i].

### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

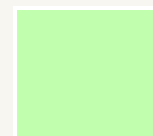
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

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- Give Charity
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- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

رَبِّ اجْعَلْنِي مُقِيمَ الصَّلَاةِ وَمِنْ ذُرِّيَّتِي رَبَّنَا وَتَقَبَّلْ دُعَاء

O Lord, make me steadfast in prayer, and (also) some of my offspring.  
O our Lord, accept my prayer.  
(Ibrahim, 14: 40)

# 9 Ramadan

## Hadith of the Day

Harithah bin Wahb narrated that the Messenger of Allah (ﷺ) said: "Shall I not tell you about the people of Paradise? Every weak and oppressed one. Shall I not tell you about the people of Hell? Every harsh, haughty and arrogant one."  
[Ibn Majah]

DAY | MONTH | DATE

### Deed of the Day

Say Salam to someone and speak softly and with humility.

Avoid back-biting or saying harsh words to anyone.

### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

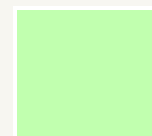
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
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### Du'a of the Day

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ مُنْكَرَاتِ الْأَخْلَاقِ وَالْأَعْمَالِ  
وَالْأَهْوَاءِ

O Allah, I seek refuge in You from evil character, evil actions, and evil desires.

[At-Tirmidhi]



# 10 Ramadan

## Hadith of the Day

DAY | MONTH | DATE

He who has done a wrong affecting his brother's honour or anything else, let him ask his forgiveness today before the time (i.e., the Day of Resurrection) when he will have neither a dinar nor a dirham. If he has done some good deeds, a portion equal to his wrong doings will be subtracted from them; but if he has no good deeds, he will be burdened with the evil deeds of the one he had wronged in the same proportion. [Al Bukhari]

### Deed of the Day

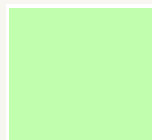
Seek forgiveness from those you have done wrong.

If you are unable to, give in charity on their behalf and make doa for them.

### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

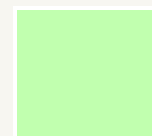
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist


- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

رَبِّ اَدْخِلْنِيْ مُدْخَلَ صِدْقٍ وَّاَخْرِجْنِيْ مُخْرَجَ صِدْقٍ  
وَاَجْعَلْ لِّيْ مِنْ لَّدُنْكَ سُلْطٰنًا نَّصِيْرًا

O Lord, cause me to enter a goodly entrance and cause me to exit a goodly exit, and grant me from Yourself a supporting authority.

[Sura al-'Isra', 17: 80]



The Messenger of Allah, peace and blessings be upon him, said, “Our Lord descends to the lowest heaven in the last third of every night, and He says: Who is calling upon me that I may answer him? Who is asking from Me that I may give him? Who is seeking My forgiveness that I may forgive him?”

[Muslim]

# 11 Ramadan

## Hadith of the Day

This world is a prison for the believer and a paradise for the disbeliever.  
[Sunan Ibn Majah]

DAY | MONTH | DATE

## Deed of the Day

Recite 100 times:

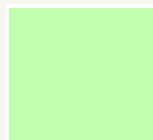
أَسْتَغْفِرُ لِلَّهِ وَأَتُوبُ إِلَيْهِ

*I seek forgiveness from Allah and repent towards Him.*

## Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

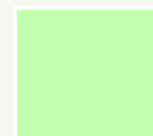
## Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

## Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

## Du'a of the Day

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ جَهْدِ الْبَلَاءِ ، وَدَرْكِ الشَّقَاءِ ،  
وَسُوءِ الْقَضَاءِ ، وَشِمَاتَةِ الْأَعْدَاءِ

O Allah! Indeed I seek refuge in You from severe trials and hardships, being overtaken by misfortune, a bad fate and the rejoicing of enemies.

[Bukhari, Muslim]

# 12 Ramadan

## Hadith of the Day

DAY | MONTH | DATE

Keep your rows straight for your rows resemble those of the angels. Join the shoulders and fill the gaps between yourselves, **be gentle** and soft in your brother's hands and do not leave the gaps for syaitan. He who connects a row, Allah will connect him (with His mercy). [Musnad Ahmad]

### Deed of the Day

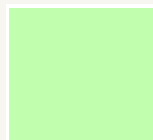
Pray in congregation.

Straighten your rows and be gentle with your brothers / sisters when straightening the rows.

### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

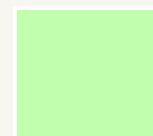
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ خَيْرُ الرَّاحِمِينَ

My Lord! Forgive and have mercy, for You are the best of those who show mercy. [Al-Mu'minun, 23:118]



# 13 Ramadan

## Hadith of the Day

He who observed the 'Isha' prayer in congregation, it was as if he prayed up to midnight, and he who prayed the morning prayer in congregation, it was as if he prayed the whole night.  
[Muslim]

DAY | MONTH | DATE

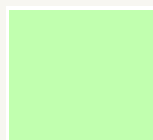
### Deed of the Day

Perform Fajr and Isha' prayers in congregation, preferably at the mosque.

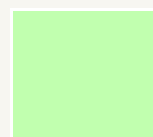
### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

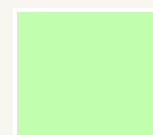
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

اللَّهُمَّ أَعِنِّي عَلَى ذِكْرِكَ، وَشُكْرِكَ، وَحُسْنِ عِبَادَتِكَ

O Allah, help me remember You, to be grateful to You, and to worship You in an excellent manner. [Abu Dawood]

# 14 Ramadan

## Verse of the Day

And (remember) when your Lord proclaimed, "If you are grateful, I will surely increase you (in favor), but if you deny, indeed, My punishment is severe."  
[Ibrahim, 14:7]

DAY | MONTH | DATE

### Deed of the Day

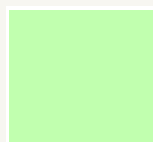
Reflect on everything you have been blessed with and thank Allah for the blessings.

Say *Alhamdulillah* with your tongue and use the wealth/knowledge/energy in a manner that is pleasing to Allah.

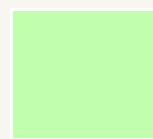
### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

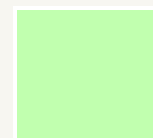
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say *Alhamdulillah*
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا  
عَذَابَ النَّارِ

Our Lord, give us in this world [that which is] good and in the Hereafter [that which is] good and protect us from the punishment of the Fire.

[Al Baqarah, 2:201]

# 15 Ramadan

## Hadith of the Day

Whoever takes a path upon which to obtain knowledge, Allah makes the path to Paradise easy for him.

[Tirmidhi]

DAY | MONTH | DATE

### Deed of the Day

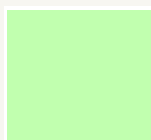
Read the tafsir of some ayah of the Al Qur'an and tadabbur (ponder) over the meaning.

Share any lessons learnt with a family member or friend.

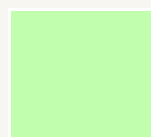
### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

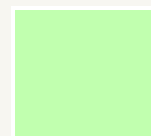
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

رَبِّ زِدْنِي عِلْمًا

O'My Lord! Increase me in knowledge.

[Ta-Ha, 20:114]

# 16 Ramadan

## Hadith of the Day

The servant is closest to his Lord during prostration, so increase your supplications therein.  
[Muslim]

DAY | MONTH | DATE

### Deed of the Day

Prepare for prayer early, focus on taking wudhu' properly and pray as if Allah is in front of you.

### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْأَرْبَعِ مِنْ عِلْمٍ لَا يَنْفَعُ وَمِنْ قَلْبٍ لَا يَخْشَعُ وَمِنْ نَفْسٍ لَا تَشْبَعُ وَمِنْ دُعَاءٍ لَا يُسْمَعُ

O Allah, I seek refuge in Thee from four things: Knowledge which does not profit, a heart which is not submissive, a soul which has an insatiable appetite, and a supplication which is not heard.

[Abu Dawood]

# 17 Ramadan

## Hadith of the Day

Every day two angels come down from Heaven and one of them says, 'O Allah! Compensate every person who spends in Your Cause,' and the other (angel) says, 'O Allah! Destroy every miser.  
[Al Bukhari]

DAY | MONTH | DATE

### Deed of the Day

Prepare or arrange for some food or drinks to be provided to those breaking their fast or in need, even if it is a glass of water.

### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

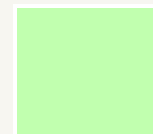
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا، وَ رِزْقًا طَيِّبًا، وَ عَمَلًا مُتَقَبَّلًا

O Allah! I ask You for knowledge that is of benefit, a good provision and deeds that will be accepted.

[Sunan Ibn Majah]

# 18 Ramadan

## Hadith of the Day

When carried to his grave, a dead person is followed by three, two of which return (after his burial) and one remains with him: his relative, his property, and his deeds follow him; relatives and his property go back while his deeds remain with him."  
[Al Bukhari]

DAY | MONTH | DATE

### Deed of the Day

Share the du'a below with a family member or friend and encourage them to recite it everyday.

"Whoever teaches some knowledge will have the reward of the one who acts upon it, without that detracting from his reward in the slightest."

[Sunan Ibn Majah]

### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

### Qur'an Tracker

Verse(s)

Surah(s)

Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

يَا مُقَلِّبَ الْقُلُوبِ ثَبِّتْ قَلْبِي عَلَى دِينِكَ

O Turner of hearts, keep my heart steadfast on Your deen.

[Tirmidhi]

# 19 Ramadan

## Hadith of the Day

Whoever does not give up forged speech and evil actions, Allah is not in need of his leaving his food and drink (i.e. Allah will not accept his fasting.)  
[Al Bukhari]

DAY | MONTH | DATE

### Deed of the Day

Avoid ill speech - verbally or through texts.

### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

رَبَّنَا ظَلَمْنَا أَنْفُسَنَا وَإِن لَّمْ تَغْفِرْ لَنَا وَتَرْحَمْنَا لَنَكُونَنَّ  
مِنَ الْخَاسِرِينَ

Our Lord! We have wronged ourselves, and if You do not forgive us and not have mercy on us, we shall most surely be among the losers.

[Al A'raf, 7:23]





## Excellence of Lailat-ul Qadr

"Indeed, We sent it [i.e., the Qur'an] down during the Night of Decree. And what can make you know what is the Night of Decree? The Night of Decree is better than a thousand months. The angels and the Spirit [i.e., Gabriel] descend therein by permission of their Lord for every matter. Peace it is until emergence of dawn.

[Al Qadr 1 - 5]

Narrated Abu Hurairah رضي الله عنه :

Allah's Messenger صلى الله عليه وسلم said, "Whoever establishes the prayers on the night of Qadr out of sincere faith and hoping to attain Allah's rewards (not to show off) then all his past sins will be forgiven." [Al Bukhari]

'Aishah رضي الله عنها reported:

I asked: "O Messenger of Allah! If I realize Lailat-ul-Qadr (Night of Decree), what should I supplicate in it?" He صلى الله عليه وسلم replied, "You should supplicate:

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

O Allah, You are Forgiving and love forgiveness,  
so forgive me.

[Ibn Majah]

# 20 Ramadan

## Hadith of the Day

When the last ten days of Ramadan began, the Prophet (ﷺ) used to stay up at night, tighten his waist-wrap, and wake up his family (to pray).  
[Sunan Ibn Majah]

DAY | MONTH | DATE

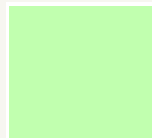
### Deed of the Day

Invite your loved ones to join you for Qiyam, recitation of Al Qur'an, du'a and adhkar.

### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

O Allah, You are Forgiving and love forgiveness, so forgive me.  
[Sunan Ibn Majah]

# 21 Ramadan

## Hadith of the Day

Whoever established prayers on the night of Qadr out of sincere faith and hoping for a reward from Allah, then all his previous sins will be forgiven; and whoever fasts in the month of Ramadan out of sincere faith, and hoping for a reward from Allah, then all his previous sins will be forgiven.  
[Al Bukhari]

DAY | MONTH | DATE

### Deed of the Day

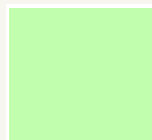
Recite Surah Al Mulk before you sleep.

"There is a Surah in the Qur'an which contains thirty Ayat which kept interceding for a man until his sins are forgiven. This Surah is 'Blessed is He in Whose Hand is the dominion.'" (Surah Al-Mulk). [Abu Dawud]

### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

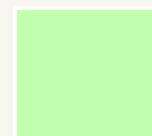
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

فَاطِرَ السَّمَاوَاتِ وَالْأَرْضِ أَنْتَ وَلِيِّي فِي الدُّنْيَا وَالْآخِرَةِ تَوَفَّنِي مُسْلِمًا وَأَلْحِقْنِي بِالصَّالِحِينَ

Creator of the heavens and earth, You are my protector in this world and in the Hereafter. Cause me to die a Muslim and join me with the righteous.

[Yusuf 12:101]

# 22 Ramadan

## Hadith of the Day

DAY | MONTH | DATE

The best among you (Muslims) are those who learn the Qur'an and teach it. [Al Bukhari]

### Deed of the Day

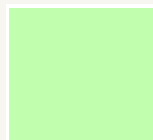
Learn the meaning of Surah Al Falaq and teach or share it with someone.

Recite Surah Al Falaq everyday for protection.

### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

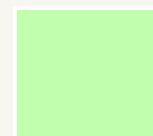
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Surah Al Falaq

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
 قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ. مِنْ شَرِّ مَا خَلَقَ. وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ. وَمِنْ شَرِّ  
 النَّفَّاثَاتِ فِي الْعُقَدِ. وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ.

I seek refuge with (Allah), the Lord of the daybreak. From the evil of what He has created. And from the evil of the darkening (night) as it comes with its darkness. And from the evil of those who practise witchcraft when they blow in the knots, And from the evil of the envier when he envies.

# 23 Ramadan

## Verse of the Day

“And when My servants ask you, [O Muhammad, concerning Me - indeed I am near. I respond to the invocation of the supplicant when he calls upon Me. So let them respond to Me [by obedience] and believe in Me that they may be [rightly] guided.”  
[Al Baqarah 2:186]

DAY | MONTH | DATE

### Deed of the Day

Make du'a using Allah's names.

Example:

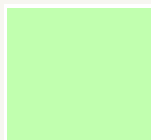
لَا إِلَهَ إِلَّا اللَّهُ الْعَظِيمُ الْحَلِيمُ لَا إِلَهَ إِلَّا اللَّهُ رَبُّ  
الْعَرْشِ الْعَظِيمِ لَا إِلَهَ إِلَّا اللَّهُ رَبُّ السَّمَوَاتِ وَرَبُّ  
الْأَرْضِ وَرَبُّ الْعَرْشِ الْكَرِيمِ

There is no god but Allah, the Great, the Tolerant, there is no god but Allah, the Lord of the Magnificent Throne  
There is no god but Allah, the Lord of the Heaven and the earth, the Lord of the Edifying Throne.

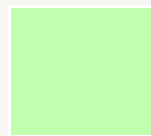
### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

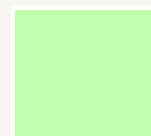
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

رَبِّ اغْفِرْ لِي وَتُبْ عَلَيَّ إِنَّكَ أَنْتَ التَّوَّابُ الْغَفُورُ

O my Lord, forgive me, and accept my repentance. Verily, You are the Oft-Returning, the Most Forgiving.

[Tirmidhi]

# 24 Ramadan

## Hadith of the Day

The reward of the congregational prayer is twenty seven times greater (than that of the prayer offered by a person alone).  
[Al Bukhari]

DAY | MONTH | DATE

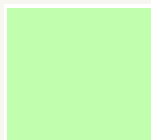
### Deed of the Day

Pray your fardh prayers in congregation, preferably at the mosque.

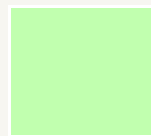
### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

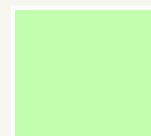
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

اللَّهُمَّ إِنِّي أَسْأَلُكَ مُوجِبَاتِ رَحْمَتِكَ، وَعَزَائِمَ مَغْفِرَتِكَ، وَالسَّلَامَةَ مِنْ

كُلِّ إِثْمٍ، وَالْغَنِيمَةَ مِنْ كُلِّ بَرٍّ، وَالْفَوْزَ بِالْجَنَّةِ، وَالنَّجَاةَ مِنَ النَّارِ

O Allah! I beg You for that which incites Your mercy and the means of Your forgiveness, safety from every sin, the benefit from every good deed, success in attaining Jannah and safety from the Fire. [Al Hakim]

# 25 Ramadan

## Hadith of the Day

The person who severs the bond of kinship will not enter Jannah.  
[Al Bukhari]

DAY | MONTH | DATE

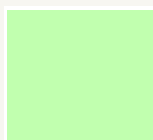
### Deed of the Day

Visit your parents, siblings or relatives. If this is not possible, give them a call or send them a message.

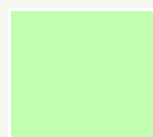
### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

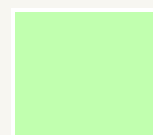
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

اللَّهُمَّ أَلِّفْ بَيْنَ قُلُوبِنَا وَأَصْلِحْ ذَاتَ بَيْنِنَا، وَاهْدِنَا سُبُلَ  
السَّلَامِ، وَنَجِّنَا مِنَ الظُّلُمَاتِ إِلَى النُّورِ

O Allah, join our hearts, reform our matters within us, guide us to the path of peace, bring us from darkness to light.

[Abu Dawood]



# 26 Ramadan

## Hadith of the Day

Whoever loves the meeting with Allah, Allah too, loves the meeting with him; and whoever hates the meeting with Allah, Allah too, hates the meeting with him.  
[Al Bukhari]

DAY | MONTH | DATE

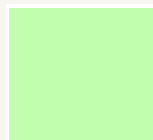
### Deed of the Day

Seek forgiveness from Allah and make a list of bad habits that you would like to stop from now onwards or after Ramadan ends.

### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

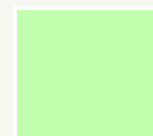
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ أَنْ أُشْرِكَ بِكَ وَأَنَا أَعْلَمُ، وَأَسْتَغْفِرُكَ لِمَا لَا أَعْلَمُ

O Allah! I seek refuge in you lest I associate anything with you while I know it, and I seek your forgiveness for what I do not know.

[Adab Al Mufrad]

# 27 Ramadan

## Hadith of the Day

He who recites

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

in the morning and evening 100 times, will not be surpassed on the Day of Judgement by anyone with better deeds except the one who says the same words or more.  
[Muslim]

DAY | MONTH | DATE

## Deed of the Day

Recite 100 times:

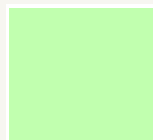
سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

*Allah is free from imperfection,  
and all praise is due to Him.*

## Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

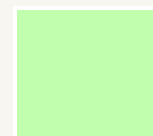
## Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

## Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

## Du'a of the Day

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

Our Lord, give us in this world [that which is] good and in the Hereafter [that which is] good and protect us from the punishment of the Fire.

[Al-Baqarah, 2:201]

# 28 Ramadan

## Hadith of the Day

Verily, when the slave (of Allah) commits a sin, a black spot appears on his heart. When he refrains from it, seeks forgiveness and repents, his heart is polished clean.  
[Tirmidhi]

DAY | MONTH | DATE

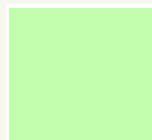
### Deed of the Day

1. Stop the wrong that you are doing.
2. Ask Allah for forgiveness
3. Repent - regret and intend to never do it again.

### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

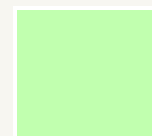
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

اللَّهُمَّ رَحْمَتَكَ أَرْجُو فَلَا تَكِلْنِي إِلَى نَفْسِي طَرْفَةَ عَيْنٍ أَصْلِحْ  
لِي شَأْنِي كُلَّهُ لَا إِلَهَ إِلَّا أَنْتَ

O Allah I hope for Your Mercy, do not entrust me to my own self even for the blink of an eye, correct for me all my matters, there is none worthy of worship except You.

[Ahmad, Abu Dawood]

# 29 Ramadan

## Hadith of the Day

He whose last words are

لَا إِلَهَ إِلَّا اللَّهُ

will enter Paradise.  
[Abu Dawood]

DAY | MONTH | DATE

### Deed of the Day

Recite 100 times:

لَا إِلَهَ إِلَّا اللَّهُ

*There is no god but Allah.*

### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

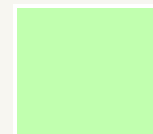
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

رَبَّنَا لَا تُزِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً إِنَّكَ أَنْتَ الْوَهَّابُ

Our Lord! Let not our hearts deviate after You have guided us, and grant us mercy from You. Truly, You are the One Who Bestows. [Al-Imran, 3:8]

# 30 Ramadan

## Hadith of the Day

DAY | MONTH | DATE

Whoever observes the fast of Ramadan and follows it up with six fasts in Shawwal will be rewarded as if he has fasted the entire year. [Muslim]

### Deed of the Day

Pay Fitr charity (zakah).

"Whoever distributes Fitr Charity before Eid prayer, it will be accepted as Fitr charity. Whoever distributes it after Eid prayer, his Fitr charity will be similar to ordinary charity."

[Ahmad, Ibn Majah]

### Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

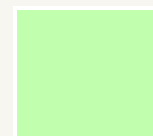
### Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

### Daily Checklist

- Morning Adhkar
- Evening Adhkar
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- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep

### Du'a of the Day

اللَّهُمَّ بَاعِدْ بَيْنِي وَبَيْنَ خَطَايَايَ كَمَا بَاعَدْتَ بَيْنَ الْمَشْرِقِ وَالْمَغْرِبِ  
 اللَّهُمَّ تَقْنِي مِنْ خَطَايَايَ كَمَا يُتَقَّى الثَّوْبُ الْأَبْيَضُ مِنَ الدَّنَسِ  
 اللَّهُمَّ اغْسِلْنِي مِنَ خَطَايَايَ بِالتَّلْجِ وَالْمَاءِ وَالْبَرَدِ

O Allah, remove my sins from me as Thou hast removed the East from the West. O Allah purify me from sins as a white garment is purified from filth. O Allah! wash away my sins with snow, water and ice. [Muslim]





# Random Act of Kindness

(Examples)

Smile to someone

Forgive someone

Say Salam to people you meet

Refrain from back biting

Donate your lunch money

Surprise someone with a kind gesture

Control your anger and tongue

Share with someone a dua

Pick up trash & throw in dustbin

Make Dua for your parents/ other family members

Give some food/water to birds or other animals

Assist someone with their chores

Say something nice to someone

Call or message a relative you haven't spoken to in a while

Provide or prepare a drink for someone to break fast



## Adhkar before sleeping

اللَّهُ أَكْبَرُ

Allah is Most  
Great (34 times)

الْحَمْدُ لِلَّهِ

Praise is to Allah  
(33 times)

سُبْحَانَ اللَّهِ

Glory is to Allah  
(33 times)

Recite Ayatul Qursi (Al Baqarah 255), Al Ikhlas (3 times),  
Al Falaq (3 times), An Nas (3 times)

Recite Al Baqarah 285 - 286:

ءَامَنَ الرَّسُولُ بِمَا أُنزِلَ إِلَيْهِ مِنْ رَبِّهِ وَالْمُؤْمِنُونَ كُلٌّ ءَامَنَ  
بِاللَّهِ وَمَلَائِكَتِهِ وَكُتُبِهِ وَرُسُلِهِ لَا نُفَرِّقُ بَيْنَ أَحَدٍ مِّنْ رُّسُلِهِ  
وَقَالُوا سَمِعْنَا وَأَطَعْنَا وَأَغْفِرَآكَ رَبَّنَا وَإِلَيْكَ الْمَصِيرُ

لَا يُكَلِّفُ اللَّهُ نَفْسًا إِلَّا وُسْعَهَا لَهَا مَا كَسَبَتْ وَعَلَيْهَا مَا  
اكَتَسَبَتْ رَبَّنَا لَا تَأْخِذْنَا إِن نَّسِينَا أَوْ أَخْطَأْنَا رَبَّنَا وَلَا تَحْمِلْ  
عَلَيْنَا إِضْرًا كَمَا حَمَلْتَهُ عَلَى الَّذِينَ مِنْ قَبْلِنَا رَبَّنَا وَلَا تُحَمِّلْنَا مَا  
لَا طَاقَةَ لَنَا بِهِ وَاعْفُ عَنَّا وَاعْفِرْ لَنَا وَارْحَمْنَا أَنْتَ مَوْلَانَا  
فَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ

The Messenger has believed in what was revealed to him from his Lord, and [so have] the believers. All of them have believed in Allah and His angels and His books and His messengers, [saying], "We make no distinction between any of His messengers." And they say, "We hear and we obey. [We seek] Your forgiveness, our Lord, and to You is the [final] destination."

Allah does not charge a soul except [with that within] its capacity. It will have [the consequence of] what [good] it has gained, and it will bear [the consequence of] what [evil] it has earned. "Our Lord, do not impose blame upon us if we have forgotten or erred. Our Lord, and lay not upon us a burden like that which You laid upon those before us. Our Lord, and burden us not with that which we have no ability to bear. And pardon us; and forgive us; and have mercy upon us. You are our protector, so give us victory over the disbelieving people."

## Adkhar before sleeping

اللَّهُمَّ بِاسْمِكَ أَمُوتُ وَأَحْيَا

In Your Name , O Allah , I die and I live. [Al Bukhari]

بِاسْمِكَ رَبِّي وَضَعْتُ جَنْبِي، وَبِكَ أَرْفَعُهُ، فَإِنْ أَمَسَكَتْ  
نَفْسِي فَارْحَمَهَا، وَإِنْ أَرْسَلْتَهَا فَاحْفَظْهَا، بِمَا تَحْفَظُ بِهِ  
عِبَادَكَ الصَّالِحِينَ


With Your Name my Lord, I lay myself down ; and with Your Name I rise . And if You take my soul , have mercy on it , and if You send it back then protect it as You protect Your righteous slaves. [Al Bukhari, Muslim]

اللَّهُمَّ إِنَّكَ خَلَقْتَ نَفْسِي وَأَنْتَ تَوَفَّاهَا، لَكَ مَمَاتُهَا  
وَمَحْيَاهَا، إِنْ أَحْيَيْتَهَا فَاحْفَظْهَا، وَإِنْ أَمَتَّهَا فَاعْفُزْ لَهَا،  
اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَافِيَةَ

O Allah, You have created my soul and You shall take its life. Unto You is its death and its life . If You give it life then protect it , and if You cause it to die then forgive it. O Allah, I ask You to grant me well-being. [Muslim]

اللَّهُمَّ قِنِي عَذَابَكَ يَوْمَ تَبْعَثُ عِبَادَكَ

“O Allah, save me from Your punishment on the Day that You resurrect Your slaves.” [Abu Dawood]



*May Allah accept our effort and deeds;  
and may He forgive us for any errors that we  
may have done.*

*Aameen.*